

Submitted by Tracy Fox, Chair, MCCPTA Health Committee

**MCPS Parents Urged to Attend a School Lunch Forum**

Are you concerned about childhood obesity and nutrition? Would you like to see healthier lunch menu offerings or are you satisfied with what's available now? Rosemary Hills PTA and North Chevy Chase PTA will be hosting a discussion about school lunches on Wednesday, February 7 at 7:30 at North Chevy Chase Elementary School. All MCPS parents are encouraged to attend – no RSVP necessary. MCPS food and nutrition field supervisor, Marla Caplon, R.D., will be joining us, along with other state and local leaders. In an effort to prepare yourself for the meeting we recommend that you talk to your child about the lunches they eat in the cafeteria and maybe even join your child for lunch at school. Ask which lunches are especially tasty, which ones are not, was there fresh fruit that you liked? Did you need more to eat or did you have too much?

MCPS menus are on line at:

<http://www.mcps.k12.md.us/departments/foodserv/menus/cafemenus.shtm>

North Chevy Chase ES web site (for directions) is:

<http://montgomeryschoolsmd.org/schools/nchevychasees/>

Thank you in advance and we look forward to your participation.

Want additional information? Contact Carrie Witkop at [carriewitkop@juno.com](mailto:carriewitkop@juno.com) or Aviva Goldfarb at [aviva@thescramble.com](mailto:aviva@thescramble.com).